

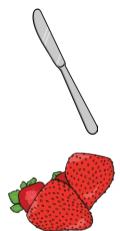
You will need:

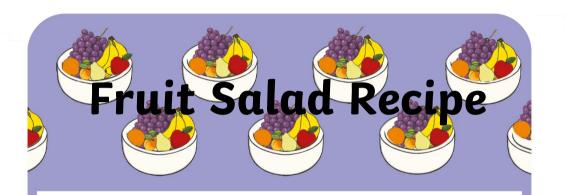
Plate

Chopping board

Child-friendly knife

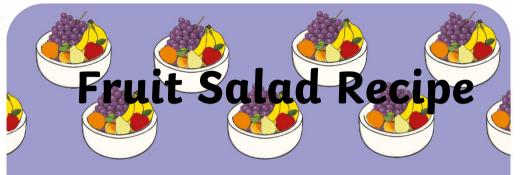
Fruit of your choice



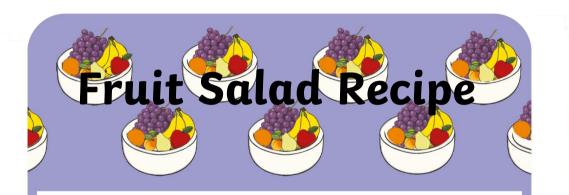




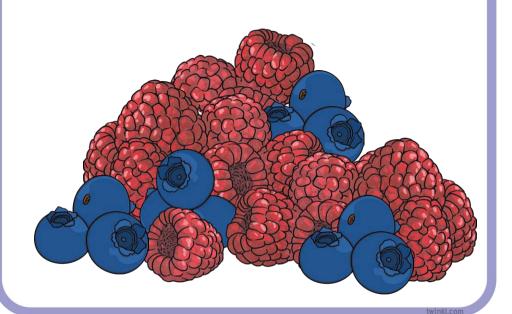
First, wash your hands.

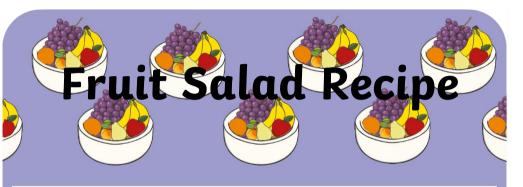


Then, peel and slice the banana. Place some on your plate.



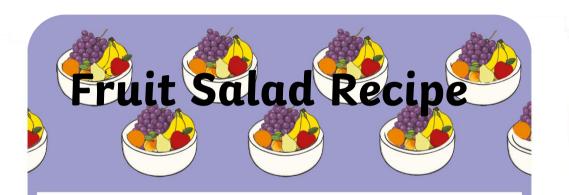
Next, put a small handful of blueberries on the plate.



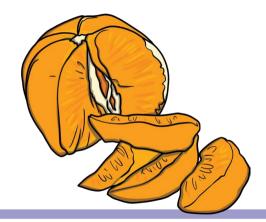


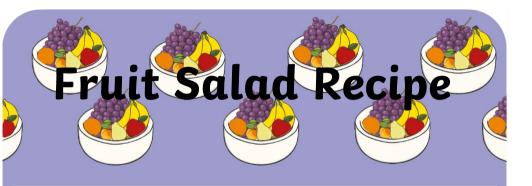
After that, cut each grape in half and lay a handful on your plate.





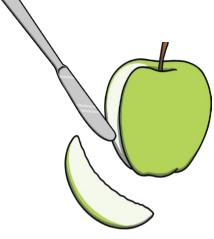
Peel the orange and separate into segments. Now drop a small handful on your plate.

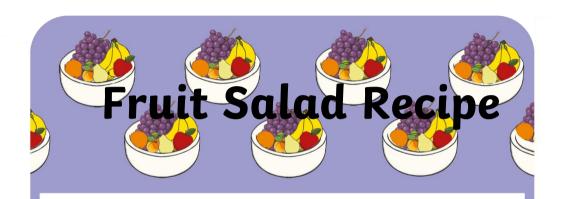




Next, cut the apple slices into chunks.

Sprinkle a few chunks onto your plate.





Wrap your plate up in cling film ready to enjoy later on!